

Gluten Friendly Menu

Although we use GF ingredients and every care is taken to avoid cross contamination, we cannot 100% guarantee GF food as our kitchen is not a GF kitchen. We have a dedicated GF deep fryer for our GF home cut fries. These items also appear on our regular menu so please specify GF with your server.

Loaded Cheese Burger- a GF burger topped with lettuce, tomato, onion and mayo on a GF bun served with garden salad or home cut fries 14.49 or TRY IT WITH OUR **NEW VEGGIE BURGER** 15.59

Grilled Chicken Burger - a grilled breast topped with lettuce, tomato, onion and mayo on a GF bun served with garden salad or our home cut fries 14.49

Spinach Salad- spinach, strawberries, toasted pecans, goat cheese and red onions served with our house maple balsamic vinaigrette 13.25

Pan Seared Salmon - two gently seared wild pacific salmon fillets served with basmati rice 19.99

GF Brownie - with whipped cream 3.99

Pastas All pastas served with salad or soup to start

Spaghetti and Meatballs- our house made meatballs in marinara sauce 16.99
bake it with cheese for 2.99

Chicken Parmigiana- our house breaded chicken breast in a marinara sauce topped with mozza and baked. Served on a bed of spaghetti 19.99

Baked Tortellini- cheese tortellini in a creamy sundried tomato sauce baked with mozzarella 18.49

***Chicken Fettuccine**

Alfredo - chicken breast and a creamy alfredo sauce 18.49
baked with cheese for 2.99

Shrimp and Mushroom Fettuccine – a Club original. With maritime cream sauce and baked with cheese 19.99

FROM THE BBQ

8 oz New York Striploin- Served with choice of one side, a salad or soup to start, and garlic toast 26.99

Add sautéed onions and mushrooms to your steak 2.99

***4oz Bacon Wrapped Beef Tenderloin** – served with your choice of one side, a salad or soup to start, and garlic toast (cooked rare, medium-rare or medium) 19.49
add a second 4oz steak for 8.99

6 oz New York Steak Sandwich- served on garlic toasted French bread with choice of one side 15.75 or
***upgrade to a 4oz Bacon Wrapped Tenderloin** 16.99

6oz BBQ Chicken Sandwich – served on garlic toasted French bread with choice of one side 15.49

Baby Back Ribs - A mouth-watering Club 19 favourite!
Try them Greek, BBQ or Smokey BBQ. Served with choice of one side, and salad or soup to start.

Full rack- 25.99

Half rack- 19.25

Side Options:

house cut fries, basmati rice or baked potato

Upgrade your sides, salads or soups:

Caesar or quinoa salad, onion rings, or yam fries for 1.99

Make it a spinach salad, or poutine for 2.99

Upgrade to the house chicken tortellini soup for 0.99

Add a garlic shrimp skewer 4.99

The Mains

All mains served with salad or soup to start

Coconut Chicken Curry- tender chicken breast in coconut curry tomato sauce. Served on a bed of basmati rice with warm naan bread 19.99

Caprese Stuffed Chicken Breast – baked chicken breast stuffed with sundried tomatoes, spinach and cheese. Choice of one side 20.99

Greek Marinated Chicken Breast- pan fried to perfection with choice of side 17.99

Parmesan Crusted Tilapia – oven roasted and served with basmati rice and garlic toast 19.49

Pan Fried Salmon- two wild pacific salmon fillets served with basmati rice and garlic toast 19.99

Shrimp Scampi- shrimp sautéed in white wine scampi on a bed of basmati rice with garlic toast 19.99

Appetizers

Appetizer Platter –Queso dippers, spring rolls, mac 'n cheese wedges, greek back ribs, chicken fingers, home cut fries and onion rings

Serves a foursome 32.99

Half Platter - serves two 18.99

Potato Skins - smothered in cheddar, bacon bits and green onions, served with sour cream 11.49

or try our "**Club Style Loaded Skins**" by adding chicken and tomatoes for 2.99

***IRISH Nachos** – cross-cut fries topped with melted cheddar and a chipotle cheese sauce, tomatoes, green onions and peppers, served with sour cream and salsa 13.99

Cheesy Spinach Dip – prepared in-house and served with warm naan wedges and tortilla chips 12.75

***Hot Buffalo Chicken Dip** – prepared in-house with just the right amount of heat, served with warm naan wedges and tortilla chips 13.49

Pulled Pork Sliders(3) – with our slow roasted pulled pork with cheddar and coleslaw on ciabatta buns 10.99

Bacon Wrapped Scallops(4) – oven baked in a lemon chive sauce 14.25

Coconut Shrimp(6) – tiger shrimp, house breaded in coconut, served with Thai sweet chili sauce 14.49

Wings, Back Ribs or Boneless Ribs - one pound tossed in your favourite flavour: hot, salt & pepper, greek, teriyaki, smokey BBQ, honey garlic, buffalo, sweet chili or chipotle mango 13.49

Mozza Sticks(6) – breaded and served with honey dill sauce 8.99

Queso Dippers(6) – fried in a tortilla chip crust, with ranch dip 8.99

Spring Rolls(6) – with plum sauce 8.49

***Chicken & Pork Pot Stickers(8)** – with a sweet soy dipping sauce 8.99

NEW MENU ITEMS NOTED WITH *

PUB STYLE

Served with choice of one side

Side Options:

house cut fries, garden salad or soup du jour

Make it caesar or quinoa salad, o-rings, or yam fries for 1.99

Make it a spinach salad or poutine for 2.99

Upgrade to the house chicken tortellini soup for 0.99

House Beer Battered Cod- made fresh to order 15.49

Club Burger- loaded beef patty with a slice of real cheddar and our chipotle mayo sauce on a brioche bun 13.99
add bacon 1.99 add patty 4.99

***NEW VEGGIE BURGER** – all the same toppings 14.99

Plain Cheeseburger 11.75

Bacon Cheddar Chicken Burger- grilled chicken breast with lettuce, tomato, onion, cheddar, bacon and mayo 14.99

***Crispy Chicken Burger** – breaded chicken breast, onion, tomato, lettuce and mayo on a brioche bun 13.99

Pulled Pork Sandwich- pork slow roasted in-house, served on a brioche bun with cheddar and coleslaw 14.49

Chicken Quesadilla- chicken breast, peppers, green onion, tomatoes & shredded cheddar, oven baked in a tortilla 13.99

Chicken Fingers- three pieces with honey dill dip 12.75
add an extra finger 2.99

Soups and Salads

Spinach Salad - served with creamy goat cheese, roasted pecans, strawberries, red onions and our house maple balsamic vinaigrette 13.25

Crispy or Grilled Chicken Salad - served with garden salad and topped with cheddar cheese 13.49

Chicken Caesar Salad - served with garlic toast 13.99

Crispy Thai Chicken Salad - served with garden salad, crunchy noodles, sesame seeds, mandarin oranges and special house made dressing 13.99

Zesty Quinoa Salad – tossed with cucumber, red onion, bell pepper, tomato and house made vinaigrette 11.99

Taco Salad - with seasoned beef or chicken, bell pepper, tomato, onion and tortilla chips on a garden salad served with salsa and sour cream 13.99

***Bacon, Chicken, Avocado Chopped Salad** – with romaine lettuce, tomato, red onion & honey mustard vinaigrette 14.49

Starter: Garden Salad - 5.99 Caesar Salad - 6.99

Quinoa Salad - 6.99 Spinach Salad - 8.99

Soup Du Jour - 5.99 House Special Tortellini Soup - 6.99